

# THE GOBINDAY MANTRAS OF KUNDALINI YOGA

## The Guru Gayatri Mantra

*from the Jaap Sahib of Guru Gobind Singh*

<b>Gobinday</b>	<b>ਘੋ ਬਿੰਦੇ</b>	<b>Sustainer</b>
<b>Mukunday</b>	<b>ਮੁਕੰਦੇ</b>	<b>Liberator</b>
<b>Udaaray</b>	<b>ਉਦਾਰੇ</b>	<b>Enlightener</b>
<b>Apaaray</b>	<b>ਅਪਾਰੇ</b>	<b>Infinite</b>
<b>Hariang</b>	<b>ਹਰੀਅੰ</b>	<b>Destroyer</b>
<b>Kariang</b>	<b>ਕਰੀਅੰ</b>	<b>Creator</b>
<b>Nirnaamay</b>	<b>ਨਿਨਾਮੇ</b>	<b>Nameless</b>
<b>Akaamay</b>	<b>ਅਕਾਮੇ</b>	<b>Desireless</b>

*The Guru Gayatri was given by Guru Gobind Singh after long meditation.  
He said a time will come in life when you have no courage whatsoever, and you  
long to reach God consciousness, but you feel helpless and hopeless.*

*At that time, turn to the Guru Gayatri Mantra.*

*It will help you and carry you through.*

*It has the power to give life to anything,  
but it will only work if it is chanted from the navel point.*

**Gobinday, Mukunday, Udaray, Apaaray,  
Hariang, Kariang, Nirnaamay, Akaamay  
HAR, HAR, HAR, HAR**

Given to one lady on April, 1996. She has explained to Siri Singh Sahib about her financial problems and he blessed her and said, "If Guru Ram Das is my Guru, you shall be very rich and have a lot of money. Just chant this and let's see what happens."

**FOR PROSPERITY**

Siri Singh Sahib (Yogi Bhajan) said that when he was poor, he chanted this mantra and it made him rich. It is to be chanted out loud, as opposed to silently.

Chant it continuously, in a monotone. Chant it throughout the day when you are doing the dishes, taking a shower, etc. With a continual chanting, you can begin to feel the power and energy of the mantra get unleashed.

This is a Shakti mantra: adding four 'har's' makes it a cup of prayer.

# HAR HAR HAR HAR GOBINDAY

*“The Money Making Mantra”*

## One of the most Powerful Prosperity Mantras

When you chant this mantra with the breath of life, you tap into all angels of the universe, including your own great ancestors, who have a qualifying life of angel. It's quick, it's fast, it's purposeful, it brings in what you need.

This mantra brings prosperity, happiness, and saves us from calamities. It's a sound current which brings a shield. It brings good luck and removes discomfort and disease. It's a key to the doorway of self elevation.

<b>HAR HAR HAR HAR GOBINDAY</b>	<b>God - Sustainer</b>
<b>HAR HAR HAR HAR MUKHANDAY</b>	<b>God - Liberator</b>
<b>HAR HAR HAR HAR UDHAARAY</b>	<b>God - Enlightener</b>
<b>HAR HAR HAR HAR APAARAY</b>	<b>God - Infinite</b>
<b>HAR HAR HAR HAR HAR-EE-ANG</b>	<b>God - Destroyer</b>
<b>HAR HAR HAR HAR KAR-EE-ANG</b>	<b>God - Creator</b>
<b>HAR HAR HAR HAR NIRNAAMAY</b>	<b>God - Nameless</b>
<b>HAR HAR HAR HAR AKAAMAY</b>	<b>God – Desireless</b>