

Kundalini Surjee

THE POWER OF THIS SHABAD

From the teachings of Yogi Bhajan

* Who will sing this shabd, can experience the 'Cherdhi Kalaa' -- the ecstasy of the Rising of the Kundalini through all the chakras, including the shashara, which will then to settle and purify the person.

* "Kundalini Surjee" casts away negative spells in the destiny of the being.

- If you are perfect with that shabad, you can Know the Unknown, you can Hear the Unheard, you can See the Unseen.

* gives you the state of consciousness of the Raaj Yog. (Royal Union)

ਜਿਨਹੁ ਬਾਤ ਨਿਸੂਲ ਧੂਅ ਜਾਨੀ
ਤੇਈ ਜੀਵ ਕਾਲ ਤੇ ਬਚਾ ॥

Jin角度 baat nischal dhroo
jaanee,
Tay-ee jeev kaal tay bachaa.

They who realize the Divine discourse of the Moveless Lord like Dhru; those men escape from dying ignoble death.

ਤਿਨ੍ ਤਰਿਓ ਸਮੁਦ੍ ਰੁਦ੍
ਖਿਨ ਇਕ ਮਹਿ ਜਲਹਰ ਬਿੰਬ
ਜੁਗਤਿ ਜਗੁ ਰਚਾ ॥

Tin tario samuhdar rudar
Khin ik meh, jal har bimb
jugat jag rachaa.

They cross the terrible world ocean in a moment; God has created the world like the bubble of water.

ਕੁੰਡਲਨੀ ਸੁਰਤੀ ਸਤਸੰਗਤਿ
ਪਰਮਾਨੰਦ ਗੁਰੂ ਮੁਖਿ ਮਚਾ ॥

Kundalanee surjee sat
sangat,
Parmaanand guroo mukh
machaa.

Associating with the saints, their mind's tongue is opened and through the supreme Guru, they enjoy the Lord of Supreme bliss.

ਸਿਰੀ ਗੁਰੂ ਸਾਹਿਬੁ ਸਭ ਉਪਰਿ ਮਨ
ਬਚ ਕ੍ਰਮ ਸੇਵੀਐ ਸਚਾ ॥੫॥

Siri guroo saahib sabh
oopar,
man bach karam sayvee-ai
sachaa.

The venerable Great Guru is over and above all, so serve thou the True Guru, with thy thought, word and deed.